

Preliminary Analysis of Key Themes from SALSA Community Conversations

The SALSA Community Conversations guide was initiated in October with several SALSA partners initiating one on one and group interview processes to support an appreciative inquiry process that seeks to learn what our older adult population values and needs. The following themes emerged from the interviews conducted to date; themes highlighted in blue were mentioned especially frequently. The themes are grouped with other similar themes and by workgroup, although of course there is issue overlap between workgroups. Interviewee characteristics are compared with Bexar County's older population beginning on page 2.

Socialization, Engagement, Health, Nutrition, and Wellness

Older people want to:

- Be independent
- Be respected
- Spend time with family and friends
- Be active spiritually and in church
- Help others and volunteer
- Keep physically and mentally active and busy doing fun and rewarding things
- Have enough money to cover both basic needs and discretionary expenses
- Save enough money for both short-term emergencies and the future
- Have the option of working part-time
- Stay physically and mentally healthy
- Have affordable health care and prescription meds
- Be supported in living a healthy lifestyle
- Have quality health care
- Be and feel safe from crime

Housing and Built Environment

Older people want to:

- Live independently in own home or space
- Be safe from physical and health hazards in the home
- Live near or physically connected with other people and amenities, not isolated in home
- Have stable housing, permanent and affordable
- Be safe from neighborhood crime

Transportation

Older people want to:

- Go where they want to when they want to
- Have easy access to cheap/free, reliable, quick transportation
- Keep driving as long as possible
- Have more reliable and faster public transportation

Caregiver Support and Service Providers

Caregivers and older people want to:

- Have affordable help with basic needs like health care, food
- Have reliable and affordable help with home maintenance/repair, house and yard work
- Have services available in-home for most or all the day
- Have help with, and regular breaks from, caregiving
- Not be the only socialization and engagement outlet
- Be able to afford help with basic needs
- Get emotional support through caregiver support groups

Characteristics of Interview Participants
through 12/7/2016

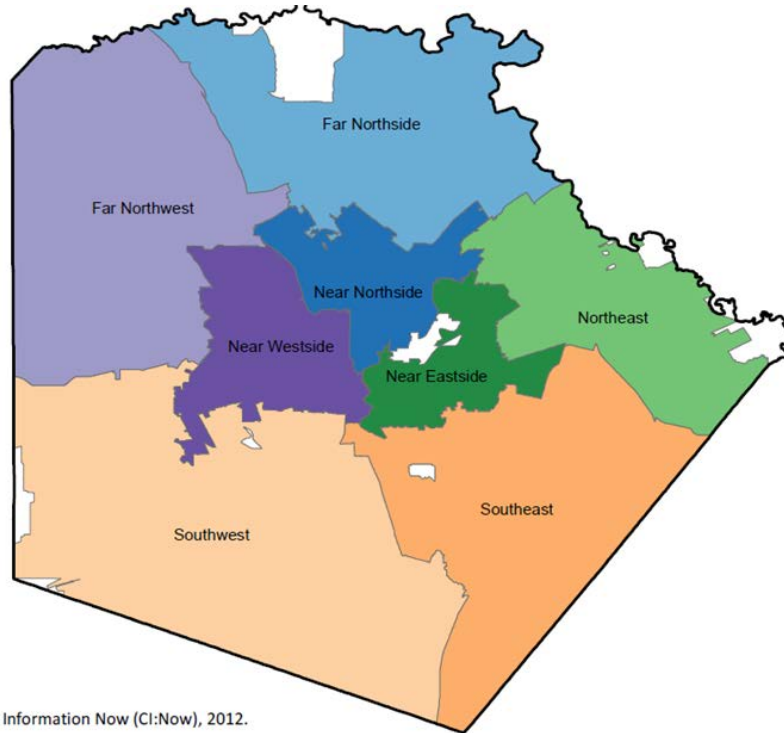
Bexar County “apples to apples” comparison data are not available for every SALSA Community Conversation characteristic. Please see the notes on page 5 for more information.

Characteristic	Participants (n=145)	Bexar Co. older pop
County sector¹ - see page 4 for map (missing for 31 participants)		
Near Eastside	12%	8%
Northeast	6%	11%
Southeast	8%	6%
Southwest	10%	12%
Near Westside	32%	20%
Far Northwest	4%	15%
Near Northside	18%	15%
Far Northside	11%	13%
Race² (missing for five participants)		
Hispanic	41%	43%
Black	11%	6%
White	39%	48%
Other	9%	3%
Age³ (missing for 12 participants)		
50-64	32%	59%
65-74	39%	24%
75-84	21%	12%
85+	8%	5%
Sex³ (missing for one participant)		
Male	21%	46%
Female	78%	54%
Other	1%	
Living Situation⁴ (missing for nine participants)		
Alone	43%	38%
With Spouse or Significant Other	39%	
With Adult Children/Grandchildren	15%	
In Senior Community	4%	
In assisted living community	0%	
In nursing home	0%	
With non-relative	0%	
Homeless	0%	

Characteristic	Participants (n=145)	Bexar Co. older pop
Family Income ⁵ (missing for 24 participants)		
Less than \$25K	54%	30%
\$25K - \$39,999K	10%	16%
\$40K - \$59,999K	8%	20%
\$60K - \$79,999K	12%	19%
\$80K - \$99,999K	10%	
\$100K or more	7%	15%
Primary payor for health care ⁶ (missing for nine participants)		
Medicare and/or Medicaid	69%	60%
Tricare or other government	9%	
Employer-insured	11%	
Self-insured or ACA	3%	
None/out-of-pocket	7%	8%
Activities limited by health ⁷ (missing for five participants)		
None of the time	46%	93%
A little of the time	22%	
Some of the time	22%	
Most of the time	9%	7%
All of the time	1%	
Education ⁴ (missing for three participants)		
Less than HS	11%	23%
HS diploma/GED	29%	26%
Some college	12%	26%
Associates or technical	11%	
Bachelors	19%	25%
Graduate	18%	
Employment ⁴ (missing for 15 participants)		
Self-employed	18%	26%
Employed by other	33%	
Looking for work	7%	1%
Not looking for work	4%	73%
Homemaker	22%	
Unable to work	16%	
Other		
Retired	69%	
Volunteer	37%	
Student	0%	

Bexar County comparison age group and source:

- ¹ Census American Community Survey 2014 1-year estimates, age 60 and older
- ² Census American Community Survey 2014 1-year estimates, age 65 and older
- ³ Census American Community Survey 2015 1-year estimates, age 50 and older
- ⁴ Census American Community Survey 2015 1-year estimates, age 65 and older
- ⁵ Census American Community Survey 2015 1-year estimates, age 65 and older (household income)
- ⁶ Census American Community Survey 2015 5-year estimates, age 55 and older
- ⁷ Texas Department of State Health Services Behavioral Risk Factor Surveillance System 2014, age 65 and older (Days poor health interfered with usual activities in past month, 0-13 days [“none” to “some”] vs. 14 or more days [“most” or “all”])



Source: Community Information Now (CI:Now), 2012.

Near Eastside	Northeast	Southeast	Southwest	Near Westside	Far Northwest	Near Northside	Far Northside
78202	78109	78101	78002	78201	78006	78209	78015
78203	78148	78112	78069	78204	78023	78212	78231
78205	78152	78214	78073	78207	78249	78213	78232
78208	78154	78222	78211	78227	78250	78216	78247
78210	78233	78223	78221	78228	78251	78217	78248
78215	78239	78263	78224	78229	78253	78230	78257
78218	78244		78225	78237	78254		78258
78219			78226	78238	78255		78259
78220			78236	78240	78256		78260
			78242				78261
			78245				78266
			78252				
			78264				